Definition of Vulnerable Adult

- 1.Age 18 or older, and
- 2.Has a mental, developmental or physical impairment, and
- 3.ls unable to:
- 1.Communicate or make responsible decisions to manage person's own care or resources, or
 - 2. Carry out or arrange for essential activities of daily living, or
- 3.Protect oneself from abuse



APS receives and investigates reports of abuse to vulnerable adults

APS provides short-term services to protect the health, safety and welfare of vulnerable adults who have been abused, neglected, or financially exploited

APS Goals

Safety:

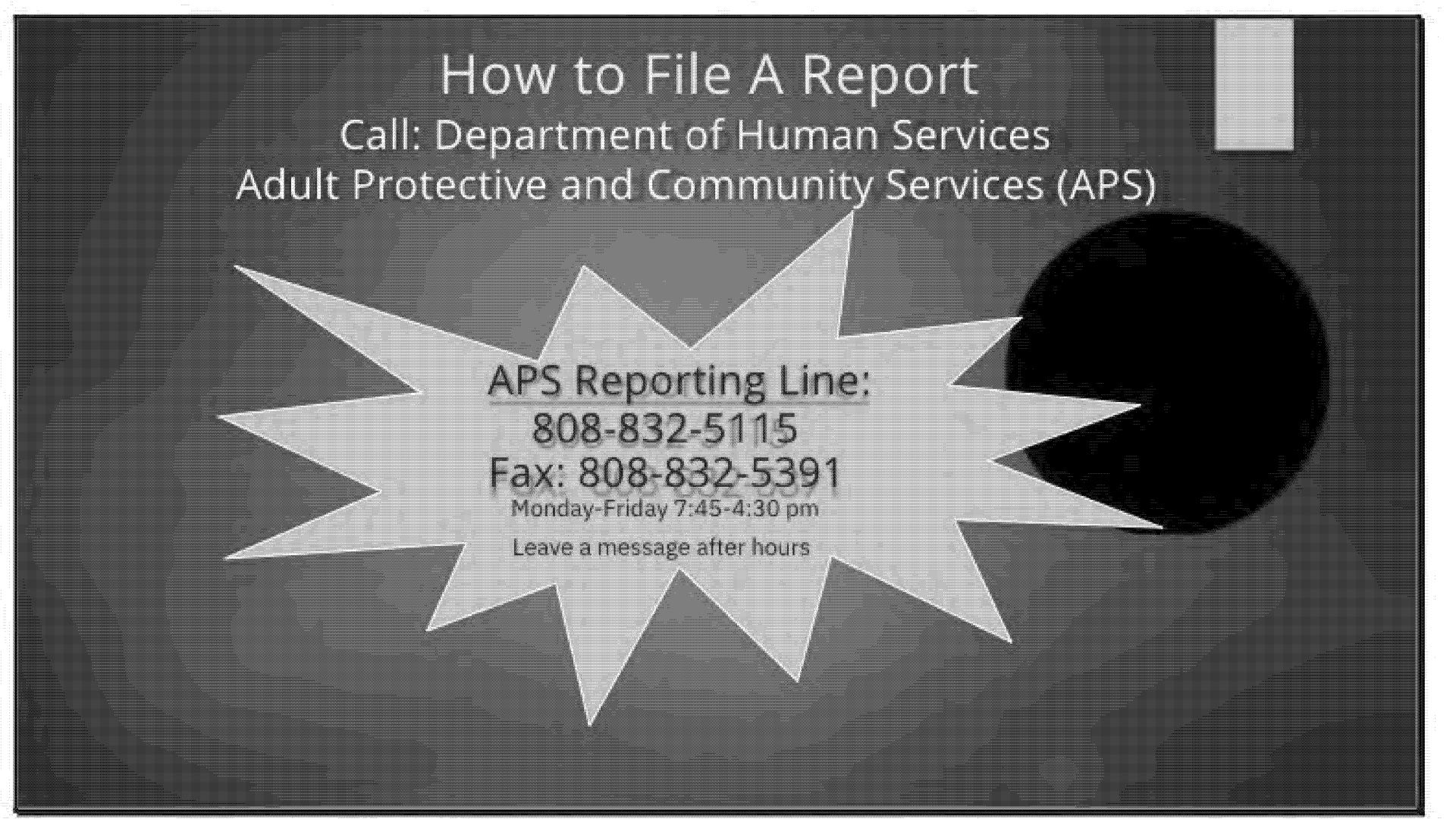
Remedy the abuse, neglect, and/or exploitation of a vulnerable adult

Stabilize:

the situation through counseling and/or support services

Respect:

the individual's right to self-determination



Police Involvement

Per HRS 346-229, Right of Entry: APS may request the assistance of a police officer for a warrantless entry to ascertain the vulnerable adult's welfare

V

APS will report to police or the Department of the Attorney General, and Medicaid Fraud Control Unit, when APS suspects that a crime has been committed



Investigation Process

- ✓ Assigned to a social worker, nurse, assistant, and auditor (for financial cases)
- Unannounced visits; will attempt to go more than once. Speak to the victim and perpetrator separately
- ▼ Ensure safety, stability, right to self-determination
- ✓ Order for immediate protection (OIP)
- ✓ Legal Guardianship (for vulnerable adult who lacks capacity)



The importance of - Advance Care Planning -

- No one knows when they may become "Very ill"
- Helps companions to find their voice
- Helps prepare them and their family for what's coming
- Ease the burden for others having to make tough choices
- Helps assure their wishes are followed
- There is no next-of-kin rule in Hawaii

Individuals May Use the Advance Health Care Directive Form to Provide Individual Instructions and/or to Designate a DPOA-HC

- #1: "Individual instruction" means an individual's direction concerning a health-care decision for the individual. (e.g., wishes if incapacitated regarding lifeprolonging treatment, tube feeding, comfort care, etc.
- Individual Instruction may be <u>written or oral</u>
- #2 Designating a Health Care Agent

Hierarchy of Legally-Authorized Decision-Makers

Only when patients LACK CAPACITY

Court appointed guardian (In court document)

Health Care Agent (In DPOA-HC Under UHCDA)

"Surrogate" under UHCDA Patient-Designated or "Appointed"—selected by consensus of "interested persons" (Declaration of Surrogate)

What is POLST?

- Provider
- Orders for
- Life
- <u>S</u>ustaining
- Treatment

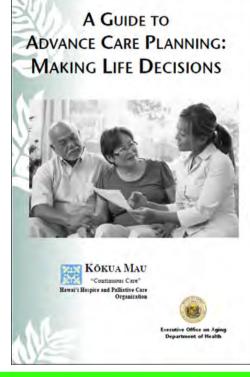
	HIPAA PERMITS DISCLOSURE OF POLST TO OTHER	HEALTH CARE PROFESSIONALS AS NECESSARY			
	PROVIDER ORDERS FOR LIFE-SUSTAINING TREATMENT (POLST)				
	1985T MANN IANN UNION THEN CONTACT THE	Pattert x Last Mane			
	patient's provider. This Provider Draw form in habit on the person's correct medical condition.	First/Middle Name			
	and withes Any section not campleted implies full treatment for that section. Everyone shall be				
	treated with dignity and respect	bete of firth - Bate form Proposed			
A Sees One	CARDIOPULMONARY RESUSCITATION (CPR): ** Person has no pulse and is not breathing ** Attempt Resuscitation/CPR				
0	MEDICAL INTERVENTIONS:	" Person has pulse and/or is breathing "			
B	Comfort Measures Only. Use medication by any rough, politicomic, wound care and some measures to relieve pain and suffering. Use project, faction and manual treatment of anyway obstruction as needed for comfort. Finally of comfort would control to current location. Limited Additional Interventions includes care described above. Use medical treatment, annihilated an indicated. Ou not include: May use less hymnive already suggest (i.e., softhings or in level profite already pressure). Transfer to hospital if indicated, would intercove care. Full Treatment. Includes care described above. Use intuliantims, advanced already interpentions, medignical generalization, and demonstrates/cardioversion as indicated. Transfer to hospital includes intention page. Additional Orders.				
	Transference or service.				
hes he	errod of artificial nutrition by public				
	GNATURES AND SUMMARY OF MEDICAL CONDITION - Discourses within				
D	Patient or Legally Authorized Representative (LAR): 8 LAR is checked, you must trivol one of the boxes below:				
State Own	Countries Agent designated in Provend Attorney for Headnows Patient-designated surrogate Surrogate selected by consensus of interested persons (Sign Section 6) Parent of a Miros				
_					
	Signature of Provider (Physician/APRN licensed in the state of Hawai'l.) We signature below indicate to the best of my knowledge that these elders are structure with the person checked.				
	sunsition and preferences.				
	Front Preparation Manual	Payedor Illinos Scombe. Date.			
	Promiter Symmetry (removed)	Provider Granua #			
	Signature of Patient or Legally Authorized Representative My signature below indicate that these entert/resuscitative measures are consistent with my wishes or III signat by (AII) the formal states and/or in the best interests of the patient who is the surject of the form.				
	Signature (resulted) (forme (grint)	Printing (write 'sw' if passer)			
	Summary of Medical Consissor	Official Use Only			
	SEND FORM WITH PERSON WHENEVE	R TRANSFERRED OR DISCHARGED			

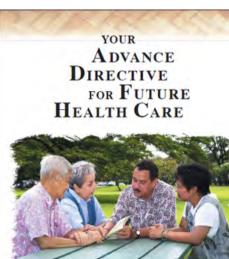
Advance Healthcare Directive vs. **POLST**

Advance Directives	POLST	
For anyone 18 years or older	Persons at any age with serious illness	
Identifies wishes for future healthcare	Indicates decisions about current treatments	
Appoints a health care representative	Legally authorized representative can be noted	
Does not translate into orders for EMS personnel	Actionable orders	
CPR/DNR not addressed	CPR/DNR order	KŌKUA MAU Continuous Care

A Movement to Improve Care

Kōkua Mau Resources





It is your gift to loved ones, family members and friends so that they won't have to guess what you want if you no longer can speak for yourself



"Continuous Care"

Executive Office on Aging Department of Health

HAWAI'I ADVANCE HEALTH CARE DIRECTIVE

First Middle imital Date of Birth Date PART 1: HEALTH CARE POWER OF ATTORNEY - DESIGNATION OF AGENT:

and relationship of indevidual dampeared as health care areas.

If I revoke my agent's authority or if my agent is not willing, able, or reasonably available to make decisions for me. I designate the following individual as my alternate agent:

and relationship of individual desirented as basic case access

AGENT'S AUTHORITY AND OBLIGATION My healthcare agent should make decisions as I have instructed in Part 2 of this form or as I may other wise provide early or in writing, if there are decisions for which I have not provide distructions. I await my agent to make such decisions as I would have chosen to do, basing them on my values, goals, and preferences rather than those of my agent. If a guardian of my person needs to be appointed for me by a cour I nominate my agent.

WHEN AGENT'S AUTHORITY RECOMES EFFECTIVE y agent's authority becomes effective when my primary physician determines that I am unable to make vown health care decisions unless I mark the following box.

☐ If I mark this box, my agent's authority to make beath care decisions for me takes effect immediately. However, I always cerain the right to make my own decisions about my health care I can revoke this authority at any time as long as I have mental capacity.

PART 2: INDIVIDUAL INSTRUCTIONS (You may modify or strike through anything with which you do not agree, Initial and date any modifications.)

HI have lost the ability to communicate my wishes regarding my health care and it is unlikely that I will ever recover that ability, OR If the likely rinks and burdens of treatment would outweigh the expected benefits. THEN I direct that my health-care providers and others involved in my care provide, withhold, or withdraw eatment in accordance with the choice I have marked below. Check only one of the following boxes. You

I want to stop or withhold medical treatment that would prolong my life.

OR
I want medical treatment that would prolong my life as long as possible within the limits of generally accepted health care standards.



Kokua Mau - Hawai'i Hospice and Palliative Care Organization

The person is placed on a hard board or on the ground and the center of the chest is pushed in about 1.5 to 2 inches. These chest compressions must be done too times each minute. Artificial to provide oxygen, and a number of electrical shocks may be given with paddles that are placed

treatments, the person is taken to the emergency department. Those who survive will then be transferred to the intensive care unit at the hospital and attached to a ventilator (breathing machine) and a heart monitor. At this stage, most persons are still unconscious.

Risk factors that are more frequent among older persons may contribute to lower chances of CPF persons may contribute to lower chances of CFR
sunvival as age increases. Most older adults do not
have the type of heart rhythm that responds to
CFR, Hawing any chronic disease that affects the
heart, lungs, brain or kidneys can lower chances
for sunvival after cardiac arrest. If a person has
multiple advanced chronic lithesses, CFR sunvival

Individuals in advanced stages of dements have CRR survival rates three times lower than those without dements, several studies that looked at survival of frair fursing home residents in advanced stages of littless who were dependent on others for all of their care showed CRP survival rates of 0–5te even if they were transferred from the musting home to the hospital before the cardiac-arriest. Older adults in terminal stages of cancer had CRP survival rates 0 – 1%.



Making a decision about a long-term feeding tube for yourself or for someone you love may be challenging and emotional. Those who have faced a similar decision have told us that having honest answers to their question

HOWEVER... Every situation is different... what may help someone with a short to may not be best for long-term use for a person with advanced illness or age.

Kōkua Mau - Hawai'i Hospice and Palliative Care Organization

Those who function independently but are receiving chemotherapy or radiation for certain cancers mains they are letting their loved one "starve to and some stroke survivors in rehabilitation whose swallowing ability is expected to return may benefit: person whose body needs and can use the nutrients

Artificial nutrition and hydration is a way of giving liquid and nutrients to people who cannot eat or drink they mouth. Usually, for short-term artificial nutrition and hydration, a lengthy tube (called a nasogustric or a natural progression toward the end of life. This

A GUIDE FOR DECISION MAKING

A GUIDE FOR DECISION MAKING

Kokua Mau

Hawai'i Hospice and Palliative

CARDIOPULMONARY RESUSCITATION (CPR): ** Person has no pulse and is not breathing

A Provider's Guide to POLST Kokua Mau Maintained for Hawai'i by Kōkua Mau

What is POLST?

POLST (Provider Orders for Life-Sustaining Treatment) is a medical order that gives patients more controver their end-of-life care. It specifies the types of treatments that a patient wishes to receive towards the end of life. Con pleting a POLST form encourages communication between healthcare providers and patients, enabling patients to make more informed decisions. The POLST form documents those decisions in a clear manner and can be quickly understood by

is the POLST simply a DNR order?

along the whole continuum of care, from very aggressive, life sustaining care, to comfort care only, including choices about full resuscitation or do not attempt resuscitation.

Is POLST the same as an Advance Health Care Directive?

Is POLST the same as an advance Health Care Directive?

NO, FOLST one on replace an Advance Health care Directive (ADD). The AHCO can provide significantly more detail about an individual's withet and preferences for treatment. In addition, the AHCO is the most common mechanism for designating a legally authorized any presentable decigionating is the patient. Will the CCO-DNR Bracelet still be honored by EMS?

Why is the POLST form time green?

The POLST form is usually completes on a distinctive origin time-green form, but is also freely available from the internet
(at awaw locularmae.org/polst) and is racceptable in black and white. The bright color is to make the form quickly visible to
families and emergency medical services personnel. The time-green color is also easily capited. A copy on white paper is a

Is implementing the orders from the POLST form protected under Hawai'i Law?

How do providers get more copies of the POLST form?

The form is available on the Kölius Mau web site (www.koliusmau.org/polst) in POF format for easy replication. It is the standard that the form be on an 8%" X 11" sheet of time colored paper. The form must have both sides copied on the form

Where is the family encouraged to keep the form?

For the patient at home, the POLST form should be kept in a place readily accessible by family members. Examples include on the

refrigerator in the medicine cabinet, on the back of a bedroom door or on a bedride table. If should be kept with the AHCD.

What is POLST?

Provider Orders for Life-Sustaining Treatment A Consumer Guide to POLST

· POLST = Provider Orders for Life-Sustaining Treatment, is your care wither carried out through:

• Your medical orders, completed by a doctor or an Advanced Practice

POLST also requires your signature or that of your Legally Authorized Representative (see page 2 for definition.)

When would I need a POLST form?

. The decision to create a POLST should be discussed with each person's own provider.

The POLST form asks for information about your preferences for medical treatments

FREQUENTLY ASKED QUESTIONS (FAQ)

How do I get a copy of the POLST form?

You or your provider can download a POLST form and instructions for your doctor at the Kräus Mau website:
www.koksuman.cor/golst. The Kräus Mau website is the central source for POLST information for Hawairi. Medit hosp tall, nursing homes, home health and hospite providers as used as others in the community also have the form for you, an earn provide to me sustitunce in understrating its and filing it out. Please remember that your POLST form must be signe by your doctor or Advanced Practice Registered Nurse (APRN) to be valid.

Where is the POLST form kept?

If you live at home you should keep the original time green POLST form in a location where it can eaply be seen. The ideal If you we strome you should keep the original lime grean FOULT form in a coation where it can easily go seet. The ideal place is on your refligerator where EMS personned will look for it form. Other visible places could be the asok of the bed-room door, on a bedside table, or in your medicine cabinet. If you reside in a long-term facility, your POLST form may be kept in your medical chart along with other medical orders. A copy of your POLST form on white paper is legal.

Aga In 12 - A Compare Guide or POLST from the law of lyky 381 is were inclination, project. Chinese simplified Hawaii Advance Health Care Directive

Chinese traditional Hawaii Advance Health Care Directive

Ilocano Hawaii Advance Health Care Directive

Japanese Hawaii Advance Health Care Directive

Korean Hawaii Advance Health Care Directive Marshallese Hawaii Advance Health Care Directive

Spanish Hawaii Advance Health Care Directive

Tagalog Hawaii Advance Health Care Directive

Tongan Hawaii Advance Health Care Directive

Since June 2016 the Hawaii POLST Form is available in 10 languages.

- · Chinese simplified POLST Form for Hawai'i
- · Chinese traditional POLST Form for Hawai'i
- · Ilocano POLST Form for Hawai'i
- · Japanese POLST Form for Hawaii
- · Korean POLST Form for Hawaii
- · Marshallese POLST Form for Hawaii
- · Spanish POLST Form for Hawai'i · Tagalog POLST Form for Hawai'i
- . Tongan POLST Form for Hawaii
- · Vietnamese POLST Form for Hawai'i

Elders alone



Considerations

Health and Safety

Emotional/Mental Health

Social Integration and Engagement

Other





When is ittime to stopdriving?-

Tips for Caregivers

How the Aging Process Affects Driving

- Impaired range of motion Affects the ability to turn one's head easily from left to right to see what is coming.
- Pain or numbness Affects the ability to step on the gas or brake pedal or go back and forth easily.
- Weakness in arms or hands (e.g. arthritis) Makes it harder to turn the steering wheel.
- Vision problems Makes reading traffic signs, watching for pedestrians, and night driving more difficult.
- Slower reflexes Affects the ability to respond quickly and safely to multiple driving factors such as signs, pedestrians, other cars, and noise.
- Medication side effects Can affect senses and reflexes.
- **Hearing problems** Affects the ability to hear emergency sirens, car horns honking, or the "thump" of hitting something.
- **Memory loss/cognitive impairment** Affects the ability to process incoming information, resulting in poor planning and judgment, may get lost.



Improving Driver Safety: Some steps to consider before asking a senior to give up the keys

- 1. Schedule annual vision and hearing checks.
- 2. Checking with the doctor about any side effects of medication or health issues.
- 3. Consult an occupational therapist or certified driving rehabilitation specialist to seek modifications that may make driving safe.

Look for Warning Signs of -Unsafe Driving -



- 1. More minor accidents, even those involving minor scrapes.
- 2. More traffic tickets or "warnings" from law enforcement officers.
- 3. Noticeable and unexplained dents and scrapes on the car (including tires) or on the home fence, mailbox, garage doors and curbs.
- 4. The senior takes longer to get to familiar places.
- 5. The senior's car insurance premium has increased suddenly.

Easing the Transition from - Driver to Rider: -

- 1. Don't make the senior have to ask you for a ride volunteer! And if the senior asks and you make it sound like a chore for you, the senior may never ask again.
- 2. Provide and assist to find other transportation options.
- 3. Accompany them on their first outings using other modes of transportation.
- 4. Offer to help the senior with the process of selling or donating the car, including the transfer of title, cancellation of insurance, etc.
- 5. BONUS: Help them set up Uber, Lyft, or other Rideshare apps on their phones if they are technology savvy!

Older Adults Living Alone

Terminology (Questionable?)

"Unbefriended" - older adults who lack the capacity to make decisions and who have not completed legal documents (e.g., advance directives, powers of attorney, living trusts, etc.) that can guide decisions or have not designated a legally authorized decision maker.

"Adult Orphans" - older adults who retain decision-making capacity but are at risk of becoming unbefriended due to lack of completed legal documents and lack of designation of a legally authorizes decision maker.

The terms "unrepresented" and "isolated" could also be used.

WHAT IS THE MEMORY MENTOR PROGRAM?

The Memory Mentor Program provides in-home support for people with memory loss or dementia who live alone and have little or no caregiving support.

Services are provided by trained Memory Mentor volunteers.

The goals of the program are to help people with memory loss and dementias live safely and independently for as long as possible and to prevent isolation and decrease loneliness.

A program of



www.CatholicCharitiesHawaii.org
A private, non-profit, social service
agency established in 1947.

Supported in part by grant No. 90ADPI0011-01-00 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy. The grant was awarded to Catholic Charities Hawaii for the Alzheimer's Disease Program Initiative.

Catholic Charities Hawai`i operates its programs and services without regard to race, color and national origin in accordance with Title VI of the Civil Rights Act of 1964.

Donations are welcome.









MEMORY MENTOR PROGRAM



Volunteers providing support to people with memory loss living alone

Older Adults living Alone Legal Implications

- Autonomy, Self Determination
- Protection from abuse and self neglect
- Preventive law initiatives
- Assistance and Intervention
 - -Public and Private Agencies/Organizations
 - -Protective Services
 - -Guardianship and Conservatorship

https://www.elderlyaffairs.com/