

HOME DELIVERED MEALS 2017

Name of Program	Hours of Operation	Age	Area	Cost Per Meal	Special Diets/Other Information
Alu Like Ph: 535-1328 www.alulike.org	Mon. – Fri.	60+ Native American	Island Wide	Donation	Low fat, low salt, low sugar *Mostly frozen meals
Arcadia Home Health Services Ph: 983-5900 www.arcadia-hi.org	Mon. – Fri. Deliveries at Lunch and Dinner Excluding holidays and weekends	62+	Nuuanu to Hawaii Kai *Can make exceptions	\$13.00 *Best to pair meal service with another Arcadia service for best price	Diabetic, Renal \$14.00
Hawaii Meals on Wheels Ph: 988-6747/ 768-7700 EAD www.hmow.org *referrals accepted between 12 and 4pm	Mon. – Fri. Meals delivered daily between 10:30 – 1:00pm	Any age Homebound/unable to cook or shop Has a chronic medical condition	Hawaii Kai to Kalihi Pearl City to Aiea Ewa, Mililani, Kaneohe, Kailua, and Waimanalo	\$5.00 donations are accepted, but meals are not denied because of inability to pay Accepts Food Stamps	Diabetic, Low Sodium
King Lunailo Meal Service Ph: 395-1000, ext. 235n or 223	Mon. – Fri. Daily delivery	Any age	Hawaii Kai Kuliouou Kaimuki Waimanalo	\$8.50 + \$0.60 cents per mile Frozen meals available	Diabetic, Renal, Modified, Pureed, low salt, low fat Extra charge for special diet
Lanakila Meals on Wheels Ph: 531-0555/768-7700 EAD www.lanakilahawaii.org	Mon. – Fri. 5 frozen meals delivered once a week	60+ Homebound/Unable to cook Has a chronic medical condition	Island Wide	\$4.00 Suggested donation Accepts Food Stamps	Modified (low fat/low salt) can be requested at an additional charge *Limited daily hot meals
Palolo Chinese Home – “Meals to Go” Ph: 739-6031 www.palolohome.org	Mon. – Fri. Deliveries at Lunch and Dinner Hot meals delivered daily. Frozen meals delivered bi-weekly	65+ with medical need	Palolo Valley Kaimuki Ainakoa Kahala	\$6.40 Hot meals. \$5.40 Frozen meals + delivery	Diabetic, Renal, Modified, Pureed Additional Charge Need 3 day set-up
Room Service in Paradise Ph: 941-3463 http://www.fooddeliveryhonolulu.com/	7 days a week 9am – 9pm	Any age	Primarily Kailua, Honolulu/Waikiki, Pearl City/Aiea Other areas of the island can be arranged	Cost is per meal and a variable delivery fee depending on the area. There is a minimum order price	None
Akamai Grocery Shopping and Delivery Ph: 672-7347 www.akamaidelivery.com	Mon. – Fri.	Any age	Downtown Honolulu to Kahala Shopping is done @ Costco, Safeway, Pali Longs, Times, and Foodland	\$50 minimum purchase + 20% delivery fee OR \$10 delivery fee under minimum purchase; gas fee varies	None